Tips for Creating Your Own Successful Learning Environment

1) Find a quiet location that is free of distractions from friends and family.
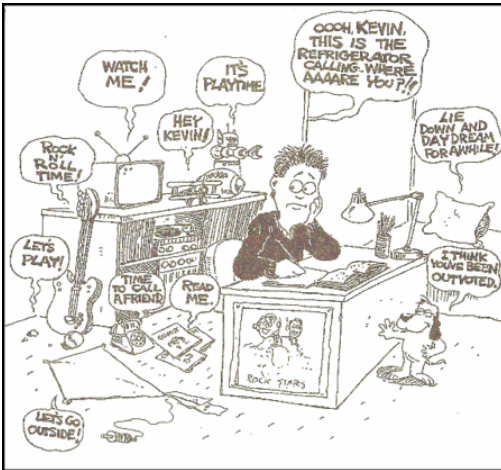

Locating a place free of distractions and interference will allow you to dedicate your full attention to the course material and assignments while not being easily distracted by other interference. Be sure to also establish an area that limits distractions and other temptations such as cell or landline phones, televisions, games, etc. Bottom line, the fewer distractions the location offers, the more you will be able to successfully focus on the task at hand!

Image Source: http://ttlearning.com/how-to-concentrate-and-remove-distractions-while-studying/

2) Set the learning environment up for your success.

Consider comfort and ergonomics of the space that will allow you to be successful. Ensure you have essentials such as online access, computer, books, study materials, paper, and writing instruments. Pay close attention to ergonomic and environmental needs. These include adequate lighting, comfortable chair, and desk that allow you to maintain good posture and not stress your body. A tired, achy, or sore body can limit your ability to focus!
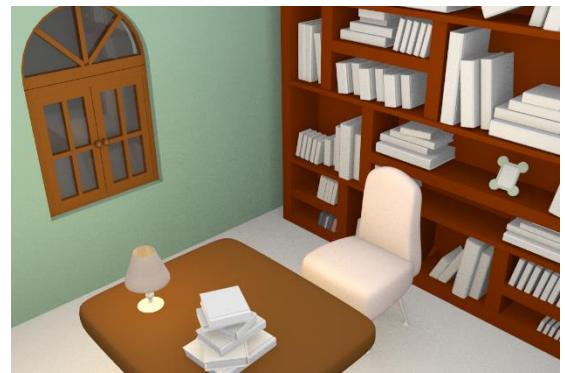

Image Source: http://www.stuffskeleton.com/2014/06/top-10-ways-to-score-higher-to-exams.html

3) Discuss your needs with family and friends and establish a schedule. Stick to it!

Establish a calendar and place on it all course due dates, assignments, and regular time periods in which you will plan to do coursework. Discuss the calendar, these times, and your expectations that all respect your needs and commitment to being successful in your educational endeavors. Post it in a highly visible location for you and your family and friends and stick to these times! This serves as a quick reference for you each time you sit down to work and as a subtle indicator for your family and friends that frequent the area that you need to be focused on the task at hand and are unavailable during these times.

These are just a few tips I hope help you on your path to a successful learning experience. Another great resource for tips to make the most out of your experience is the website, Online Learning Tips. I would suggest checking it periodically or as you might have questions about successful avenues! Likewise, do not ever hesitate to drop me a message or post to our Q&A forum!